
COUNSELLING PRACTICUMS

with the Centre for Refugee Resilience

CRR Background

The Centre for Refugee Resilience (CRR) is an interdisciplinary team offering client-centred support for refugees who are healing after trauma. Our team works with clients of all ages with a holistic, family-focused approach. All families entering the program receive support from a case coordinator who offers community navigation, resource referrals, problem-solving support, and settlement support. Therapists work with individuals of all ages, as well as the family unit when requested. The team works collaboratively together and with other supports involved with our clientele. The team environment is an important aspect of the work, and practicum students are welcomed into the team to add their perspectives and outlook into the experience found on the team. The team is rounded out with the Program Manager, Clinical Supervisor, Coordinator Team Lead, interpreters, and a Refugee Resilience Educator focusing on public education.

Supervision

Supervision requirements and availability will be discussed at the time of interview. Students will have the opportunity to observe and learn from multiple team members, including clinical social workers, provisional psychologists, certified counsellors, interpreters, and case management social workers.

Population Specifics

The Centre for Refugee Resilience works with immigrants and refugees from all parts of the world. The program focuses on trauma treatment for refugees. Our practicum students work with this population on more general mental health concerns (anxiety, depression, settlement stress) in a trauma-informed setting. Deeper trauma work is reserved for our experienced practitioners. The program's therapists practice a range of therapeutic modalities, including Cognitive Behavioural Therapy, Mindfulness Based Stress Reduction, play therapy, art therapy, narrative therapy, Solution Focused Brief Therapy, somatic-based therapies, EMDR, among others.

Student Requirements

The program considers counselling practicums for Master's level students who are moving into therapeutic counselling. The program will consider total hours required by the academic institution, but we will limit practicum involvement to those that stretch over 2 semesters, as opposed to shorter term placements.

Successful student applicants will be able to demonstrate strong cross-cultural skills, interpersonal skills, organizational skills, and a commitment to learning. It would be an asset for applicants to have experience working with refugees and speak a second language, ideally Arabic, Kurmanji, Dari, Pashto, Spanish, Tigrinya, Somali, Amharic, French, or Farsi.

Timelines

	May start	September start	January start
<i>Application deadline</i>	November 15	March 15	July 15
<i>Interview timeline</i>	Late November	Late March	Late July
<i>Placement offered (capacity for 1 student)</i>	December	April	August
<i>Placement timeline</i>	May – Dec	Sep 2025 – Apr	Jan – Aug

Start the Process

Interested students should email Ashlee Kitchenham at akitchenham@ccisab.ca with the subject line: "counselling practicum application." Please specify the desired start date in the body of the email.